

WOMEN IN MEXICO



SUMMARY:

Meet women that are working towards positive change in their families and their communities thanks to their participation with Amextra. Listen to their stories of transformation and let them teach you some of the skills that have enabled them to get ahead.

HIGHLIGHTS:

- Discover the process that leads to the empowerment of women in low-income communities.
- Find out about the projects Amextra offers: self-esteem workshops, production projects and savings and loan groups.
- Visit businesses that entrepreneurial women have established.
- Meet with a solidarity group to learn about the benefits of group financial management.
- Listen to experts in women's studies to better understand a woman's role in Mexican society.
- Visit cultural sites with an emphasis on the role of women as artistic creators.

LOCATION: Mexico City

COST: Starting from \$500 USD for 5 days/4 nights

TRIP COSTS INCLUDE: Lodging in a shared room, all meals, local transportation, speakers, entrance fees and constant accompaniment by a translator/guide.

NOT INCLUDED: Transportation to Mexico City, traveler insurance or personal spending.

MORE INFO: To sign up or for more information, write to semillas@amextra.org

“**WOMEN IN MEXICO**” is carried out by Seeds of Transformation, an immersion program sponsored by the Mexican Association of Rural and Urban Transformation (Amextra) and recommended by the Evangelical Lutheran Church of America (ELCA).