

AMEXTRA
semillas

EXPERIENCES



Travel · Engage · Transform

AMEXTRA Semillas es una de las unidades comerciales del Corporativo AMEXTRA, que tiene como objetivo facilitar experiencias disruptivas, las cuales permiten vivir nuevas perspectivas a personas y grupos, a través de viajes de inmersión a comunidades de Chiapas, Guerrero, Oaxaca y Estado de México; en donde disfrutan de la riqueza cultural y natural, al mismo tiempo que conviven de manera fraterna con las familias locales, buscando siempre un espacio de intercambio, reflexión e introspección para las y los participantes.

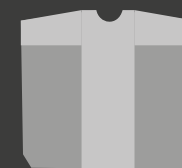
Nuestros servicios son:

PERSONAL TRIP

VIAJES ESTRUCTURADOS

EXPERIENCIAS CORTAS

Con diversas temáticas



Artisanal traditions



Creation care



Economics and social justice



Urban Eco-technologies



Winter gateway in the jungle



women in Mexico



Face to face with the migration



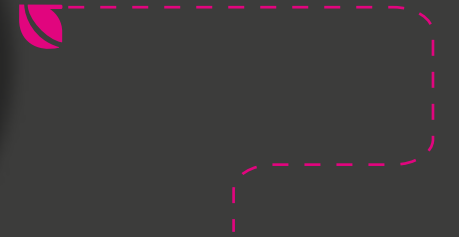
Preparing to the Christ Child



**PERSONALIZED
TRIP**



ARTISANAL TRADITIONS



Cheer up and travel with us!



LOCATION

- ♦ Mexico City – 1 day tour exploring herbal remedies.
- ♦ San Cristóbal de las Casas and Guerrero – 4 or more day tours focused on weaving and embroidery.

TRIP COSTS INCLUDE

Lodging in a shared room for multi-day trips, all meals, local transportation, speakers, entrance fees and constant accompaniment by a translator/guide.

NOT INCLUDED

Transportation to Mexico City, traveler insurance or personal spending.



Artisanal crafts have a cultural importance that goes much further than providing a source of income. Discover the traditions that underlie the finished product, learn how it is made and evaluate the sales process on a local level, all to better appreciate these very Mexican products.

TRAVEL

To a community of crafting women and listen to their stories of how they became crafters.

DISCOVER

How to obtain some of the raw materials and what to do when there is not an immediate supply.

EXPLORE

The ramifications of working with a transformational model with marginalized artisans.

PARTICIPATE

In the creation of a product and take a sample home with you.

RESEARCH

The different sales models that exist for artisanal products and how we can use this information to become more informed consumers.

VISIT

Cultural sites that have influenced the artistic heritage of the area.

More info:
To sign up or for more information, write to:
semillas@amextra.org

Cost:
Customized quote.

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CREATION CARE



LOCATION

- ♦ Chiapas
- ♦ Mexico City

TRIP COSTS INCLUDE

Lodging in a shared room for multi-day trips, all meals, local transportation, speakers, entrance fees and constant accompaniment by a translator/guide.

NOT INCLUDED

Traveler insurance or personal spending.



LEARN

About several eco-technologies that offer solutions to the problems of the community.

UNCOVER

The needs of a community on the outskirts of Mexico City and discover the resources that are available.

PARTICIPATE

With local families in the building of one or more projects.

ENJOY

Visits to cultural sites like archaeological monuments, museums and parks.

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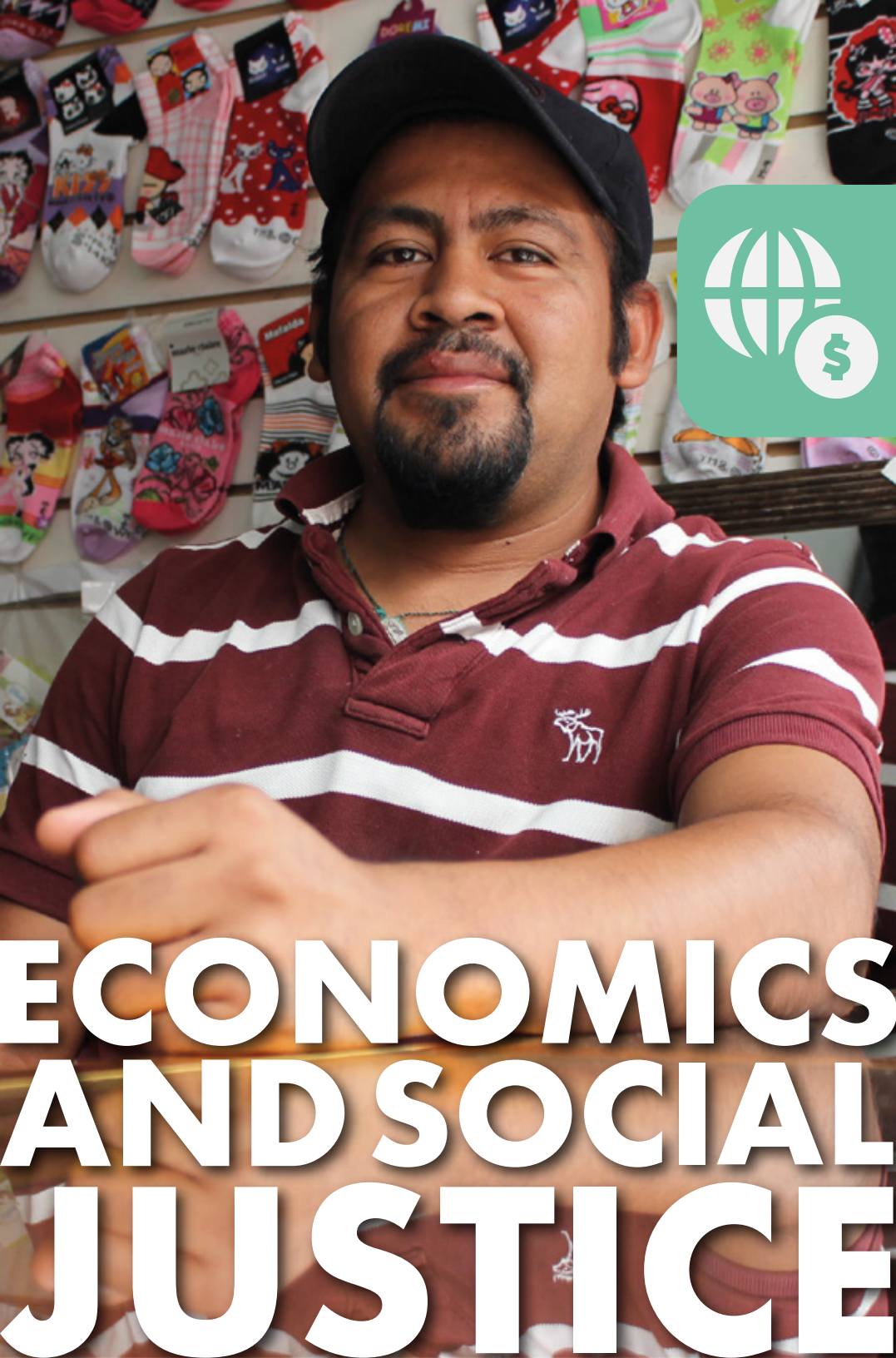
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ECONOMICS AND SOCIAL JUSTICE



LOCATION

♦ Mexico City

TRIP COSTS INCLUDE

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How do we respond to a world where the divide between rich and poor is increasing rapidly? This trip will give you tools to better understand topics in economics on local and global levels. We will visit AMEXTRA projects that seek to address this situation, at least in part. And we will reflect upon our role as people of faith in an unjust world.

LISTEN

To specialists in economics to understand the systems at play in Mexico and the world.

GET TO KNOW

How AMEXTRA'S microfinance project seeks to encourage saving and offer entrepreneurial opportunities to the poorest in society.



Be part of an experience unforgettable!



VISIT

Marginalized communities on the outskirts of Mexico City to listen to the experiences of those who struggle to survive.

ATTEND

A meeting of a solidarity group in order to learn about the benefits of communal financial management.

REFLECT

Upon the relationship between economics and spiritual life.

VISITA

Cultural attractions to learn more about Mexico and its people.

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URBAN ECO-TECHNOLOGIES



A unique opportunity for Mexican and foreign volunteers to meet and serve in the states of Mexico and Chiapas. Make new friends as you work alongside other participants and members of the local community. Exchange experiences and discover how much we have in common and how much we have to share.

UNCOVER

The needs of a community on the outskirts of Mexico City and discover the resources that are available.

PARTICIPATE

With local families in the building of one or more projects.

LEARN

About several eco-technologies that offer solutions to the problems of the community.

ENJOY

Visits to cultural sites like archaeological monuments, museums and parks.

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**EXPERIENCE
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WINTER GATEWAY IN THE JUNGLE



Beat the cold and grey skies of winter with a week in the lush landscape of Chiapas. Refresh your spirit as well as your body through the combination of visits with local farmers, tours of natural wonders and time for reflection.

DISCOVER
Mexican culture and history through archaeological visits, meeting local artisans and more.

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LOCATION

♦ Palenque, Chiapas

TRIP COSTS INCLUDE

Lodging in a shared room for multi-day trips, all meals, local transportation, speakers, entrance fees and constant accompaniment by a translator/guide.

NOT INCLUDED

Traveler insurance or personal spending.



ENJOY

The bounty and beauty of the jungle with a stay at a rustic eco-friendly retreat center, learning to cook with native ingredients.

VISIT

Local farmers to understand the challenges of rural life in Mexico first hand and learn how your choices can transform their reality.

A PROGRAM TO FACILITATE

Both group and individual meditation, incorporating nature as part of the spiritual exercise.

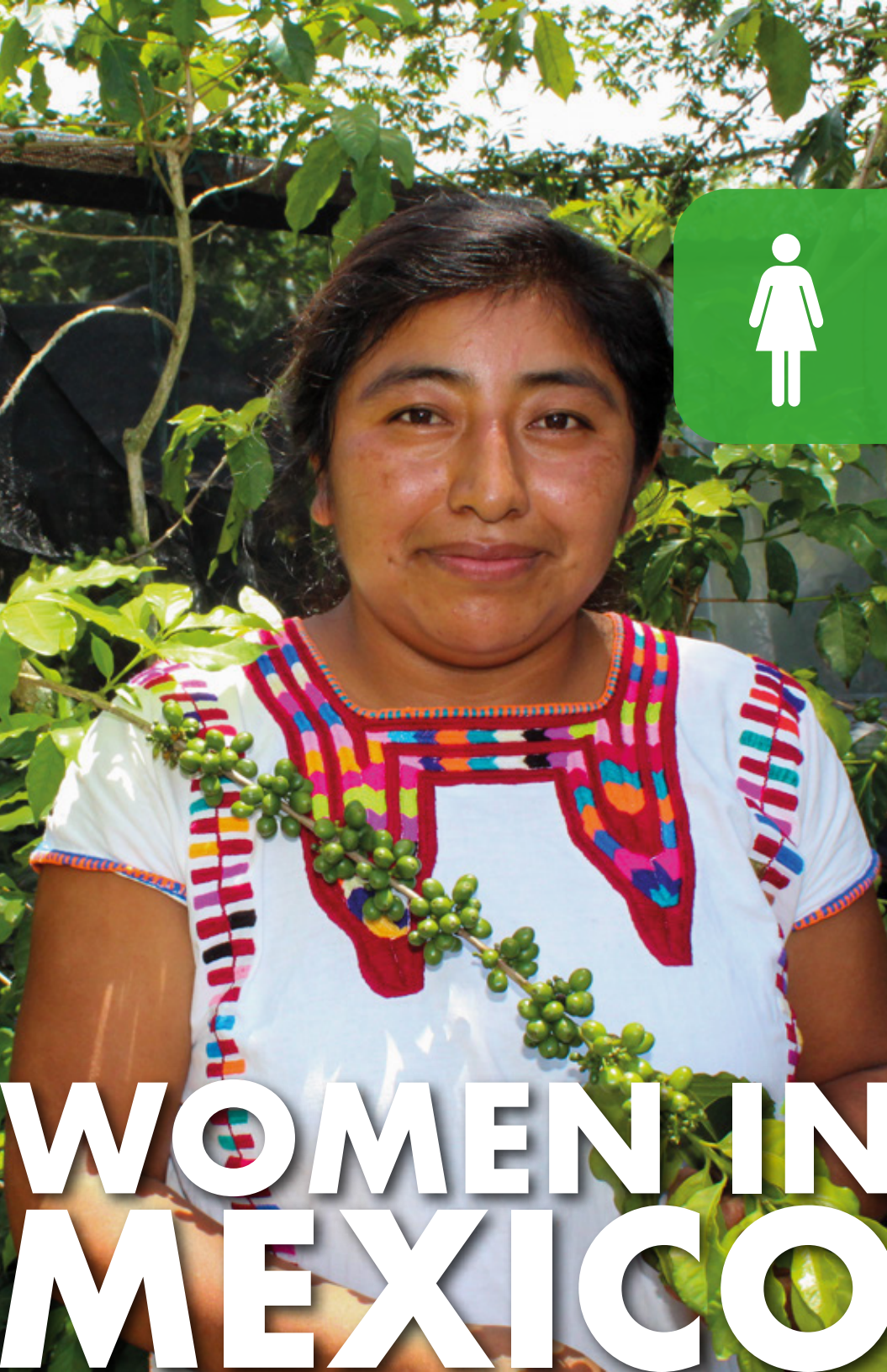


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WOMEN IN MEXICO



LOCATION

- ◆ Mexico City
- ◆ Chiapas
- ◆ Guerrero

TRIP COSTS INCLUDE

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Meet women that are working towards positive change in their families and their communities thanks to their participation with AMEXTRA. Listen to their stories of transformation and let them teach you some of the skills that have enabled them to get ahead.

DISCOVER

The process that leads to the empowerment of women in low-income communities.

MEET

With a solidarity group to learn about the benefits of group financial management.

LISTEN TO

Experts in women's studies to better understand a woman's role in Mexican society.

LEARN

About the projects AMEXTRA offers: self-esteem, production projects and savings and loan groups.

VISIT

Businesses that entrepreneurial women have established.

ENJOY

Cultural sites with an emphasis on the role of women as artistic creators.



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FACE TO FACE WITH THE IMMIGRATION

LOCATION

- ◆ Mexico City
- ◆ Chiapas
- ◆ Guerrero
- ◆ Oaxaca
- ◆ Veracruz

TRIP COSTS INCLUDE

Lodging in a shared room for multi-day trips, all meals, local transportation, speakers, entrance fees and constant accompaniment by a translator/guide.

NOT INCLUDED

Traveler insurance or personal spending.



We are faced with immigration daily: as a political debate, in the fruit harvested by migrant workers or our changing neighborhoods and schools. Learn more about this complex reality, focusing on Central American refugees and Mexican rural emigration, and our role as people of faith.

REFLECT ON

The concept of migration: its roots, consequences, challenges and how we can address the situation from a faith perspective.

LEARN

First-hand about the challenges facing rural communities, especially regarding food sustainability.

DETERMINE

Concrete steps you and your faith community can take to show hospitality to immigrants.

MEET

Migrants at a local shelter and listen to their stories.

SPEAK TO

Immigration specialists and human rights advocates to get an overview of the situation in Central America, Mexico and the United States.

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Be part of an experience unforgettable!





PREPARING FOR THE CHRIST CHILD

LOCATION

♦ Mexico City

TRIP COSTS INCLUDE

Lodging in a shared room for multi-day trips, all meals, local transportation, speakers, entrance fees and constant accompaniment by a translator/guide.

NOT INCLUDED

Traveler insurance or personal spending.



VISIT

A community at the edge of a garbage dump to learn how untapped natural resources are being used for the survival of these families.

REFLECT

Together with theological leaders, upon our role as Christians in doing God's work in this world.

DISCOVER

New and old Christmas traditions in Mexican culture and see how they can be tools for approaching the mystery of the birth of Christ.

PARTICIPATE

In a Peace Education workshop in a marginalized community and learn how to heal broken relationships.

GO TO

A migrant shelter to hear the stories of Central American refugees and consider how they compare to the story of Mary and Joseph's migration.



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